

VOLUME 41, NUMBER 1
January 2024

ISSN 0189 - 160X

WAJM

WEST AFRICAN JOURNAL OF MEDICINE

ORIGINALITY AND EXCELLENCE IN MEDICINE AND SURGERY



OFFICIAL PUBLICATION OF
THE WEST AFRICAN COLLEGE OF PHYSICIANS *AND*
WEST AFRICAN COLLEGE OF SURGEONS



www.wajmed.org



TABLE OF CONTENTS

GENERAL INFORMATION	1C
INFORMATION FOR AUTHORS	1F
EDITORIAL NOTE: Strengthening Health Systems Toward the Control of Neglected Tropical Diseases and other Health Challenges - Gregory Erhabor	1
Unmet Need for Care of Older Persons in our Healthcare System Oladipupo O. Fakoya, Ogugua Osi-Ogbu, Temitope O. Olajubu	3
ORIGINAL ARTICLES	
First and Second Waves of Covid-19: A Comparative Study of the Clinical Presentation and Outcome among Hospitalized Patients in Lagos Nigeria O. A. Adejumo, S. Adesola, B. I. Adebayo, W. B. Mutiu, I. A. Abdus-Salam, B. A. Saka, T. Ogunniyan, O. D. Oladokun, O. B. Oluwadun, J. O. Bamidele, A. V. Adetola, O. A. Osundaro, F. O. Ogunsakin, E. B. Agbana, T. Femi-Adebayo, O. M. Oyadotun, A. Bowale	7
Knowledge and Practice of the Referral System under the National Health Insurance Scheme among Medical and Dental Practitioners of A Large-Accredited Facility in Kano, Nigeria G. C. Michael, A. U. Gajida, B. A. Grema, I. S. Abubakar, I. Aliyu, K. U. Omeje, I. M. Inuwa, A. Ajiya, M. S. Kurawa, M. A. Ramalan, S. T. Tanimu, A. K. Suleiman	16
Assessment of Right Ventricular Systolic Function using Tricuspid Annular Plane Systolic Excursion (TAPSE) among HIV Patients on HAART and Its Relationship with Viral Load and CD4 Cell Count M. M. Baba, F. Buba, M. A. Talle, M. A. Garbati, Habu Abdul	25
Kidney Function in Hypertensive Patients with Left Ventricular Hypertrophy I. N. Mba, B. Basil, B. Myke-Mbata, O. A. Olayanju, A. Faleye, S. A. Adebisi	30
Exposure History, Post-Exposure Prophylaxis Use, and Clinical Characteristics of Human Rabies Cases: A Twelve-Year Retrospective Review at a Tertiary Facility in Ghana P. Puplampu, A. A. Asare, N. A. H Seneadza V. J. Ganu	36
Influence of Adhesive Incise Drape Use on Surgical Site Infection Rates in Contaminated and Dirty Abdominal Operations A. A. Adeleke, O. Olasehinde, A. O. Adisa	42
Haematological Indices and Iron Status in Pre-Dialysis Chronic Kidney Disease Patients I. R. Edeki, E. I. Unuigbe, E. I. Okaka	48
Compliance With Guidelines on Seasonal Malaria Chemoprevention in Kwara State, Northcentral Nigeria C. O. Agomo, E. Shekarau, N. C. Ogbulafor, N. Abdullahi, B. Oyetunji, C. Okoronkwo, P. Uhomoibhi, O. A. Mokuolu	55
Relationship between Lifestyle Indicators and Un-investigated Dyspepsia Among Adult Patients in a Primary Care Setting in Northern Nigeria B. B. Fatusin, A. J. Fatusin, B. A. Grema, O. T. Lewechi-Uke, A. Abubarkar, S. Apanisile, M. Baura, Z. Dannina	65
Risk Factors of Metabolic Syndrome among Normal Weight Adolescents in Lagos, Nigeria O. A. Moronkola, E. E. Oyenusu, A. O. Oduwole, U. A. Sanni	74
CASE REPORT	
Intrathoracic Transposition of a Pedicled Latissimus Dorsi Muscle Flap for Complicated Chronic Empyema Thoracis: A Plea for its Popularity in our Subregion I. I. Aioke, V. T. Ayongo	82
Differential Clubbing and a Triad of Patent Ductus Arteriosus, Ventricular Septal Defect and Supravalvular Ring Mitral Stenosis: A Case Report C. O. Osagie, Okechukwu S. Ogah, Akinyemi Aje, A. A. Adebiyi, A. M. Adeoye, O. O. Oladapo, B. E. Adebayo	87
Typhoid Fever Presenting with Ileal Perforation and Gastric Perforation M. M. Muhammed, K. J. Bwala, J. O. Okoruwa	92
Squamous Cell Carcinoma of the Supraglottis Presenting as Hoarseness Tobe Momah, Olusegun Lijofe	97
MISCELLANEOUS	
Beyond the Shadows: Strengthening Nigeria's Health System in the Wake of Lassa Fever and Covid-19 Challenges E. A. Tobin, O. I. Edeawe, S. Abah	100
INDEX TO VOLUME 41, NO. 1, 2024	
Author Index	104
Subject Index	105



CASE REPORT

Differential Clubbing and a Triad of Patent Ductus Arteriosus, Ventricular Septal Defect and Supravalvular Ring Mitral Stenosis: A Case Report

Hippocratisme Digital Différentiel et Triade de Canal Artériel Persistant, de Communication Interventriculaire et de Sténose Mitrale à Anneau Supravalvulaire : Un Rapport de Cas

¹C. O. Osagie, ^{2,3*}O. S. Ogah, ²A. Aje, ^{2,3}A. A. Adebiyi, ^{2,3}A. M. Adeoye, ^{2,3}O. O. Oladapo, ⁴B. E. Adebayo

ABSTRACT

It is not uncommon for congenital heart defects to occur in clusters. Those involving a right to left heart shunt commonly cause cyanosis and finger clubbing. Differential clubbing involving only the lower limb digits is a strong pointer to the presence of patent ductus arteriosus with reversal of shunt.

We report a case of 25-year-old man with effort intolerance and differential clubbing. He was found to have the uncommon triad of patent ductus arteriosus, ventricular septal defect and supravalvular ring mitral stenosis.

The presence of differential clubbing on a background of patent ductus arteriosus usually indicates a reversal of shunt and negates surgical intervention. This general rule may however not apply with co-existing mitral stenosis as the elevated pulmonary pressure may be predominantly post capillary. The finding of mitral stenosis in a patient with patent ductus arteriosus and differential limb clubbing may signify a good prognostic surgical outcome.

WAJM 2024; 41 (1): 87 - 91.

KEYWORDS: differential clubbing, patent ductus arteriosus, ventricular septal defect, supravalvular ring mitral stenosis.

RÉSUMÉ

Il n'est pas rare que des malformations cardiaques congénitales surviennent en clusters. Celles impliquant un shunt cardiaque droite-gauche provoquent souvent une cyanose et un hippocratisme digital. L'hippocratisme digital différentiel touchant uniquement les orteils des membres inférieurs est un indicateur fort de la présence d'un canal artériel persistant avec inversion du shunt.

Nous rapportons le cas d'un homme de 25 ans présentant une intolérance à l'effort et un hippocratisme digital différentiel. Il a été diagnostiqué avec la triade peu commune de canal artériel persistant, de communication interventriculaire et de sténose mitrale à anneau supravalvulaire.

La présence d'un hippocratisme digital différentiel sur un fond de canal artériel persistant indique généralement une inversion du shunt et exclut une intervention chirurgicale. Cependant, cette règle générale peut ne pas s'appliquer en présence d'une sténose mitrale concomitante, car la pression pulmonaire élevée peut être principalement post-capillaire. La découverte d'une sténose mitrale chez un patient atteint de canal artériel persistant et d'un hippocratisme digital différentiel peut indiquer un bon pronostic pour l'intervention chirurgicale. WAJM 2024; 41 (1): 87 - 91.

MOTS-CLÉS: hippocratisme digital différentiel, canal artériel persistant, communication interventriculaire, sténose mitrale à anneau supravalvulaire.

¹Department of Cardiology, University Hospital Coventry and Warwickshire, Coventry, United Kingdom

²Cardiology Unit, Department of Medicine, University College Hospital, Ibadan, Nigeria

³Cardiology Unit, Department of Medicine, University of Ibadan, Ibadan, Oyo State, Nigeria.

⁴Cardiology Unit, Department of Pediatrics, University College Hospital, Ibadan, Nigeria

Corresponding Author: Dr. Okechukwu S. Ogah, Department of Medicine, University of Ibadan, Nigeria/ Honorary Consultant, University College Hospital, Ibadan, Nigeria. Email: osogah56156@gmail.com

Abbreviations: AF: Atrial fibrillation, A4CH: Apical four chamber, CHD: Congenital heart disease, ECG: Electrocardiogram, LA: Left atrium, LPA: Left pulmonary artery, L-R: Left to right, LV: Left ventricular, MPA: Main pulmonary artery, MS: Mitral stenosis, MV: Mitral valve, PAH: Pulmonary arterial hypertension, PDA: Patent ductus arteriosus, RA: Right atrium, RV: Right ventricle, RDPA: Right descending pulmonary artery, SRMS: Supravalvular mitral ring, SRMS: Supravalvular ring mitral stenosis, VSD: ventricular septal defect