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## ORIGINAL ARTICLE

# Comparative Evaluation of Creatinine and Cystatin C Derived Glomerular Filtration Rate Methods in Hiv Patients on Therapy and Healthy Controls

*Évaluation Comparative Des Méthodes De Calcul Du Débit De Filtration Glomérulaire Dérivé De La Crétinine Et De La Cystatine C Chez Des Patients VIH Sous Traitement Et Des Témoins Sains*

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## ABSTRACT

**BACKGROUND:** Antiretroviral drugs are associated with adverse effects including chronic kidney disease. The onset of chronic kidney disease manifests with mild reduction in GFR. Early detection of chronic kidney disease is integral component of clinical medicine with major effect on disease labeling, intervention and drug dosing.

**METHODS:** We determined the serum creatinine and cystatin-c levels of 55 HIV patients on one year ART, 55 HIV patients on three years ART and 54 apparently healthy controls using colorimetric and immunoturbidimetric methods respectively. Glomerular filtration rates (GFRs) were calculated from serum creatinine and cystatin-c levels with Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) equations.

**RESULTS:** The mean $\pm$ SD GFR derived from serum creatinine (ml/min/1.73m<sup>2</sup>) were 110.55 $\pm$ 14.34, 106.35 $\pm$ 19.25 and 121.63 $\pm$ 13.88 for HIV patients on one year, three years ART and healthy controls respectively. GFR derived from cystatin-c (ml/min/1.73m<sup>2</sup>) were 90.96 $\pm$ 13.53, 87.27 $\pm$ 14.16 and 108.61 $\pm$ 12.07 for HIV patients on one year, three years ART and healthy subjects respectively. GFRcreat was higher when compared with GFRcyst in each group ( $p=0.01$ ). No significant association was seen between body mass index (BMI) and GFRcyst in patients ( $p=0.720$ ) and controls ( $p=0.760$ ). Binary logistic regression analysis for sensitivity between patients and controls showed odd ratios (0.95 and 1.03) for GFRcreat and (1.04 and 0.99) for GFRcyst in group 1 and 2 respectively.

**CONCLUSION:** Rather than creatinine, GFR derived from serum cystatin-c might be an ideal renal function estimate for this population of Nigerians for sensitivity and non dependence on age and BMI.

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**KEYWORDS:** ART, Creatinine, Cystatin-c, GFR, HIV.

## RÉSUMÉ

**CONTEXTE:** Les médicaments antirétroviraux sont associés à des effets indésirables dont la maladie rénale chronique. L'apparition de la maladie rénale chronique se manifeste par une légère réduction du DFG. La détection précoce de la maladie rénale chronique fait partie intégrante de la médecine clinique et a un effet majeur sur l'étiquetage de la maladie, l'intervention et le dosage des médicaments.

**MÉTHODES:** Nous avons déterminé les taux de créatinine et de cystatine-c sériques de 55 patients VIH sous traitement antirétroviral pendant un an, 55 patients VIH sous traitement antirétroviral pendant trois ans et 54 témoins apparemment sains, en utilisant respectivement les méthodes colorimétrique et méthodes colorimétriques et immunoturbidimétriques respectivement. Les taux de filtration glomérulaire (GFR) ont été calculés à partir des taux de créatinine sérique et de cystatine-c avec les équations de la Collaboration pour l'épidémiologie de la maladie rénale chronique (CKD-EPI).

**RÉSULTATS:** Le DFG moyen $\pm$ SD dérivé de la créatinine sérique (ml/min/1,73m<sup>2</sup>) étaient de 110,55 $\pm$ 14,34, 106,35 $\pm$ 19,25 et 121,63 $\pm$ 13,88 pour les patients séropositifs sous TAR d'un an, de trois ans et les contrôles sains respectivement. Le DFG dérivé de la cystatine-c (ml/min/1,73m<sup>2</sup>) étaient de 90,96 $\pm$ 13,53, 87,27 $\pm$ 14,16 et 108,61 $\pm$ 12,07 pour les patients séropositifs sous TAR d'un an, de trois ans et les sujets sains respectivement. Le DFGcreat était plus élevé que le DFGcyst dans chaque groupe ( $p=0,01$ ). Aucune association significative n'a été observée entre l'indice de masse corporelle (IMC) et le DFGcyst chez les patients ( $p=0,720$ ) et les contrôles ( $p=0,760$ ). L'analyse de régression logistique binaire pour la sensibilité entre les patients et les contrôles a montré des rapports impairs (0,95 et 1,03) pour le GFRcreat et (1,04 et 0,99) pour GFRcyst dans les groupes 1 et 2, respectivement.

**CONCLUSION:** Le DFG dérivé de la cystatine-c sérique, plutôt que de la créatinine, pourrait être une mesure idéale du DFG. cystatine-c sérique pourrait être une estimation idéale de la fonction rénale pour cette population de Nigérians en termes de sensibilité et de non dépendance à l'âge et à l'IMC. WAJM 2022; 39(8): 795-799.

**MOTS CLÉS:** ART, Crétinine, Cystatine-c, DFG, VIH

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**Abbreviations:** AIDS- Acquired immune deficiency syndrome; ANOVA- Analysis of variance; ART- Antiretroviral therapy; CKD- Chronic kidney disease; CKD-EPI- Chronic Kidney Disease Epidemiology Collaboration; GFR- Glomerular filtration rate; GFRcreat- Glomerular filtration rate derived from serum creatinine; GFRcyst- Glomerular filtration rate derived from serum cystatin-c; HAART- Highly active antiretroviral therapy; HIV- Human immunodeficiency virus; HIVAN- Human immunodeficiency associated nephropathy; KDIGO- Kidney Disease Improving Global Outcome; NKF- National Kidney Foundation; NKF-KDOQI- National Kidney Foundation Kidney Disease outcome Quality Initiative; OR- Odd Ratio; ROC- Receiver operator characteristics curve